

## I am 12 Months Old...

### So I can...

- ✓ Say 3-5 words (e.g., "mama", "dada", "baba" for bottle)
- ✓ Follow simple directions (e.g., "sit down", "come here")
- ✓ Look at pictures in a book
- ✓ Get your attention by making sounds while I look at you
- ✓ Repeat sounds after you (e.g., animal sounds, car noises)
- ✓ Wave 'Hi' and 'Bye'
- ✓ Make many noises that sound like sentences
- ✓ Look at something behind me that you are pointing to
- ✓ Bring you toys to show you or play with

### Things we can do together...

- ✓ Sing simple songs with actions (e.g., *Row Row Row your Boat*)
- ✓ Look at books and talk about the pictures
- ✓ Name our clothing/body parts when dressing and undressing
- ✓ Play with toys using lots sounds (e.g., "moo" for the cow, "ring ring" for the phone, "brmm" for the car)
- ✓ Play games where we take turns with a toy (e.g., roll a ball back and forth, push a car, share a crayon)

